

Work Experience Advice

Industry-Specific Ideas: Overview

- **Engineering and Architecture:** Consider placements with engineering and manufacturing firms, construction companies, or architectural studios.
- **Business:** Explore opportunities in banking, finance, accounting, or with local businesses.
- **Creative Arts:** Think about placements in art galleries, design studios, or with fashion businesses.
- **Healthcare:** Veterinary clinics, hospitals, or pharmacies can offer valuable experience.
- **IT and Technology:** Look for opportunities with software companies, web development firms, or IT departments in larger organizations.
- **Media:** Contact local radio stations, TV studios, or production companies.
- **Law:** Consider placements with law firms or legal aid organisations.
- **Retail:** Work in a shop or supermarket to experience the customer service aspect of work.
- **Hospitality:** Consider placements in hotels, restaurants, or cafes.

<https://www.immerse.education/university-preparation/supercurriculars/ideas-for-work-experience-year-10/>

<https://www.prospects.ac.uk/further-education/year-12-work-experience>

<https://www.bestapprenticeships.com/year-12-work-experience-ideas/>

<https://uk.indeed.com/career-advice/finding-a-job/how-to-find-work-experience-year-12>

Creative and media

- Journalism and media: Work at a local newspaper, radio station, or blog. You could assist with article writing, research, or studio production.
- Arts and culture: Volunteer at a museum, art gallery, or theatre. Opportunities may involve curating displays, assisting with events, or handling administrative tasks.
- Film and photography: Shadow a professional photographer, assist on a film set, or volunteer at a film festival.
- Graphic design: A placement at a design agency could involve assisting with layouts, logos, or brainstorming ideas.

Business and professional services

- Office work: Learn about general business operations by working at an estate agent, accountancy firm, or within the HR department of a company.
- Marketing and PR: Gain experience at a marketing agency, advertising firm, or in a company's communications department. Tasks could include social media management or content creation.
- Law: Shadow a lawyer, paralegal, or case manager to observe how legal proceedings unfold. It may also be possible to observe courtroom proceedings.
- Banking and finance: Work in a bank or credit union to learn about financial security and customer service.

STEM (Science, Technology, Engineering, and Maths)

- Technology and IT: Explore coding, software development, or tech support at a technology company, a video game company, or your school's IT department.
- Science and research: Assist at a research centre, a science museum, or a laboratory.
- Engineering and architecture: Shadow an architect or engineer, or work at a builder's merchant. Some airlines, such as British Airways, offer engineering programmes.
- Veterinary: Gain hands-on animal care experience by shadowing at a vet clinic, working at a zoo (e.g., Chester Zoo), or volunteering at a farm or animal shelter.

Health, education, and community

- Healthcare: Shadow a healthcare professional in a community setting, work at a local pharmacy, or volunteer at a clinic or hospice.
- Education and childcare: Work in a primary or secondary school, a nursery, or a youth club.
- Social work and outreach: Volunteer at a charity shop, a food bank (such as The Trussell Trust), or a retirement home.

Retail and hospitality

- Retail: Work in a high street shop or charity shop to learn about sales, customer service, and stock management.
- Hospitality: Gain experience in a cafe, restaurant, or hotel. Potential roles include front-of-house, kitchen assistant, or receptionist.
- Sports and fitness: Work at a local gym, sports club, or golf course. You could also shadow a personal trainer or coach.

Flexible and alternative options

- Virtual work experience: Many large companies and organisations now offer online placements, which are flexible and accessible from home.
- Volunteering: Offers valuable transferable skills and looks great on a CV. Opportunities exist in community centres, libraries, and for political campaigns.
- Work shadowing: If a full placement isn't possible, shadowing a professional for a day or two provides useful insight into a role.
- Set up your own initiative: Demonstrate independence and business skills by creating your own blog, fashion portfolio, or small business.

Work Experience- USEFUL LINKS

Durham county Council Work Experience

<https://www.durham.gov.uk/article/29485/Work-experience-with-us>

Durham University Work Experience

<https://www.durham.ac.uk/things-to-do/learn/schools-and-home-education/work-experience-and-placements/>

Beamish Museum

<https://www.beamish.org.uk/get-involved/work-placement/>

Willow Burn Hospice

<https://willowburnhospice.org.uk/volunteer/duke-of-edinburgh-and-school-placements>

County Durham & Darlington NHS Trust Work Experience

<https://www.cddft.nhs.uk/join-us/work-experience>

Livin County Durham Work Experience

<https://www.livin.co.uk/your-support/work-and-training-support/volunteering-and-work-experience/>

Life Centre- Newcastle

<https://www.life.org.uk/join-the-team/work-experience-opportunities/>

Tyne & Wear Museums Work Experience

Each year, we are able to offer a number of one-week work experience placements for students in Key Stage 4 and Key Stage 5.

This is a great opportunity to get a taste of what it's like to work in a museum or gallery, with the chance to spend some time with staff and work on a project, covering a variety of departments and venues.

Email volunteering@northeastmuseums.org.uk to ask a question about work experience.

Groundworks NE & Cumbria-Groundwork is a charity working to transform lives in the UK's most disadvantaged communities. At Groundwork we're passionate about creating a future where everywhere is vibrant and green, every community is strong and able to shape its own destiny and where everyone can reach their potential. We help people gain confidence and skills, get into training and work, protect and improve green spaces, lead more active lives and overcome significant challenges such as poverty, isolation, low skills and poor health.

Many of our local Groundwork Trusts offer volunteering and work experience opportunities. [Contact your local Groundwork](#) to see how they can help you.

<https://www.groundwork.org.uk/north-east-and-cumbria/get-involved/volunteering/>

NEXUS work Experience

<https://www.nexus.org.uk/careers/work-experience-opportunities>

British Airways

Apply for work experience at British Airways

Speedbird-Z is our dedicated student website. This is where you can chat to our digital mentors and complete the work experience pre-learning modules, designed to give you a taste of the different departments within British Airways.

After you've completed the pre-learning content and project work, you'll be able to apply for a placement. Links to apply are featured in the learning modules.

After completing your placement, you'll also have the opportunity to join our voluntary Student Ambassador programme. The programme is a three-day training course designed to develop confidence in promoting British Airways opportunities in the student community.

[Sign up today](#)